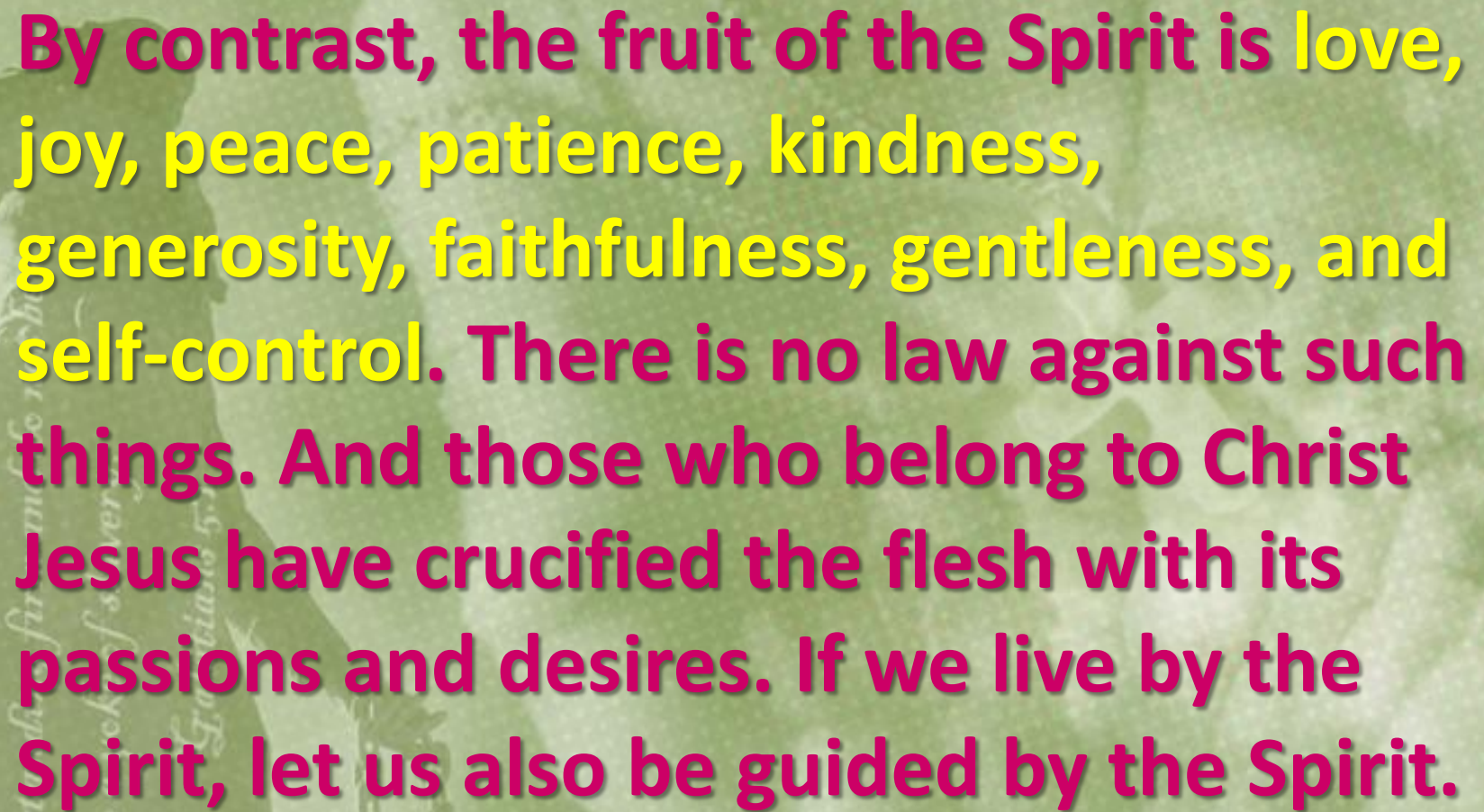


*Series: How We Could be Known*

*Sermon: Peace with Ourselves and Others*

*fruit of the spirit*



**By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.**

**Galatians 5:22-26**

## Ephesians 4:1-6 (NRSV)

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with **patience**, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of **peace**. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.



**Numbers 6:22-26 (NRSV)**

**The Lord spoke to Moses, saying: Speak to Aaron and his sons, saying, Thus you shall bless the Israelites: You shall say to them, The Lord bless you and keep you; the Lord make his face to shine upon you, and be gracious to you; the Lord lift up his countenance upon you, and give you peace.**

The background of the image features the word "PEACE" written in various languages and scripts, including Latin, Greek, and Chinese. A prominent red heart is drawn in the center, surrounded by red scribbles. The text is overlaid on this background.

A sentiment that Martin Luther King was fond of: *“True peace is not merely the absence of some negative force, tension or war, it is the presence of some positive force, justice, good will, brotherhood.”*

*Peace is not the absence of trouble, but the presence of God.—J. Oswald Sanders.*

First put yourself at peace,  
and then you may the better  
make others be at peace. A  
peaceful and patient man is  
of more profit to himself and  
to others, too, than a learned  
man who has no peace.  
—Thomas a Kempis in *The  
Imitation of Christ*.



AV4TAr 2006

**Macrothumia =distance ourselves from fury**



# PATIENCE

If you are patient in one moment of anger, you will escape a hundred days of sorrow.

# i waited for you

Second only to suffering, waiting may be the greatest teacher and trainer in godliness, maturity, and genuine spirituality most of us ever encounter.—Richard Hendrix





My fellow Americans, ask not what your country  
can do for you, ask what you can do for your  
country.

(John F. Kennedy)

